



## TALKING WITH CHILDREN ABOUT RACE

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### Multimedia Resources and Tips

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Expressing thoughts and feelings can be difficult for everyone, but children and teens especially. Books and storytelling are important in that they allow the audience to explore and experience things in a safe manner. Therefore, multimedia is can be very effective in satisfying curiosity, as well as expanding understanding.

#### Mix It Up

Learning is a multi-sensory experience, so take advantage of technology to incorporate a variety of formats.

**Spoken word:** Reading aloud benefits the reader and listener;

Radio programs and podcasts are great for car-rides

**Visuals:** Movies, news, shows, commercials, ads and apps impact our subconscious and inform implicit biases

**Other first-person experiences:** Dining and food; Cultural and social events; Volunteerism

#### Context

Look for materials which integrate diversity by portraying a variety of people in normal contexts without exaggerating stereotypes.

Differences among people, such as race, are not forced into discussion without *strong and clear purpose*. Many high-quality resources can support multiple issues.

#### Recommended Authors for Tweens and Teens

Linda Sue Park; Gordon Korman; K.L. Going; Jaqueline Woodson; Chris Crutcher; Walter Dean Myers; Jerry Spinelli

#### Children and Young Adult Books

“You are (not) small” by Anna Kang

“One Family” by George Shannon and Blanca Gomez

“Carrot and Pea: An Unlikely Friendship” by Morag Hood

“Is There Really a Human Race?” by Jamie Lee Curtis

“Mixed Me” by Taye Diggs

“The Family Fletcher Takes Rock Island” by Dana Alison Levy

“Zora Hurston and the Chinaberry Tree” by William Miller

“Richard Wright and the Library Card” by William Miller

“It Ain’t so Awful, Falafel” by Firoozeh Dumas

“American Born Chinese” by Gene Luen Yang

“Persepolis” by Marjane Satrapi

“Blackbird Fly” by Erin Entrada Kelly

“Shooting Kabul” by N.H. Senzai

“Refugee” by Alan Gratz

“Witness” by Karen Hesse

#### TV Shows Worth Exploring

PBS: Odd Squad, Wild Kratts, Peg+Cat

Doc McStuffins (Disney)

The Deep (Netflix)

Troll Hunters (Netflix)

Black-ish – African-American family; sitcom; openly addresses race-based matters, as well as universal issues pertaining to children, careers, parenting and multi-generational households; blends humor and sincerity to effectively convey messaging

#### Additional Recommendations for Adults

“Suitable for Children” This American Life. Episode 627. October 6, 2017. Podcast.

Common Sense Media [www.commonensemedia.org](http://www.commonensemedia.org)

“Reproducing Racism: How everyday choices lock in white advantage” by Daria Roithmayr